



# first.

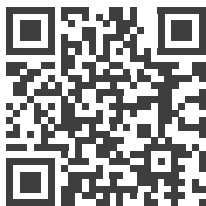
together *[s]experience*

A clear starter manual with visuals,  
tips and tricks to guide you through  
your first. together experience.

MANUAL

“Even if you already have an exciting sex life, adding toys to the mix can definitely bring extra pleasure between the sheets.”

- Talitha, professional sexologist



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# On your way to a new *[s]experience*

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“Although a great sex life starts with yourself, it’s wonderful to make the sexual discovery journey with your partner.”

## The never-ending journey of sexual discovery

You're never too old to learn something new in the bedroom. When it comes to sex, there's always more to explore. No matter how (un)experienced you are, there can be a first time for everything. That's why sex is a never-ending journey of discovery! Learning and experiencing new things keeps your sex life fresh and exciting. Sex should be something that you are able and allowed to enjoy whenever you like. As a sex therapist, I'll teach you all the tips and tricks to make your first time an even better experience.

Although a great sex life starts with yourself, it's wonderful to make the sexual discovery journey with your partner. There are also plenty of firsts with any new partner. There's always something new to explore together.

With love,

Talitha

- professional sexologist

A handwritten signature in black ink, appearing to read 'Talitha', with a long horizontal flourish extending to the right.

# Before you get started

Welcoming fun toys into the bedroom can be the ultimate experience for couples who want to bring some thrill back into the relationship. Still, even if you already have an exciting sex life, adding toys to the mix can definitely bring extra pleasure between the sheets. But before you start using toys, you might want to consider a few things first.

## Talk to each other

Before you introduce sex toys to the bedroom, talk and listen to each other, so that you understand what the expectations and desires of both partners are.

## What kind of toys are you interested in?

There are many types of toys on the market. There are toys for him, for her, and toys that can stimulate both of you at the same time. Talk to each other about your preferences and desires. Sex is a journey of discovery that never ends. Don't be afraid to experiment and take your time to figure out what works well for both of you.

## Shop together

If you already know what you're looking for, it can be an exciting and thrilling experience to go shopping together. You can find all sorts of erotic items in a drugstore or an erotic shop, but the largest selection can be found online.

## Get in the mood

Before you start, create the optimal environment for intimate, stimulating and satisfying sex. What that entails for you depends on your own desires. For example, it could be a bedroom with some candles, sensual music, clothes that make you feel sexy, and a nice perfume to arouse the senses.

## Don't forget about foreplay

People often skip foreplay, but starting off the right way is key! A good warm-up gets you in the mood for sex and makes it even more intense. Try a sensual massage, kissing, stimulating the erogenous zones, or watching a sexy movie together. Foreplay is both physical and mental, so it's good to talk to your partner about what turns them on the most and try that out next time.

## Turn up the heat with and without toys

Sex is fun, but couples can sometimes feel as if they're stuck in a rut. By making a small change or doing something completely different for the first time, you can have more fun together and rediscover the heat in the bedroom.

### Dirty talk/sexting

Let your partner know that you're thinking of them by leaving notes or sending each other sexy messages. When you get home, you'll definitely be in the mood to have some one-on-one time!

### Role play

Step into someone else's shoes (literally) and make your most erotic fantasies come true during role play. You can also masturbate simultaneously, which can be a very arousing sight for your partner.

“Spend some  
quality time together  
without any distractions.”



“Toys can be used in many ways to make it even more fun and exciting.”

## **Change environments**

Swap the bedroom for a new, thrilling environment. Consider the shower, the kitchen or the car.

## **Date night**

Spend some quality time together without any distractions. Add some extra stimulation and use a remote-controlled vibrating egg or external vibrator.

## **Surprise each other**

Surprise your partner with a gift. This could be a bouquet of flowers with a sweet note, or maybe a set of lingerie, a concert ticket, or a new toy to try out.

## **Spend time away from each other**

You'll get to know your feelings for another person best when you miss them. By spending time away from each other, you'll appreciate the time you have together all the more.

## **Masturbate**

Touch yourself! If you know what you like, you can better tell your partner too. This way your partner learns the best ways they can spoil you. Masturbating together is another way to get to know each other sexually.

# There's a world of toys to discover



## Duo vibrator

Multi-use vibrator for him, her and both at the same time.



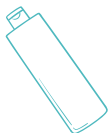
## Bondage sets

Allows you to tie up your partner.



## Vibrating eggs

Internal vibrating toy with a remote control.



## Massage

Massage oil or melting candle for a sensual massage.



## Erotic games

Erotic questions or challenges to explore yourself and each other.



## Vibrating cock rings

Cock ring with vibrating area to stimulate both partners at the same time.



## *first.sex dice*

Sides: 12  
Size: Ø 2.7 cm  
Ø 1.1 inch  
Materials: acrylic

Always using the same position in the bedroom? Not anymore! This die shows a different position on each side that you can try out with your partner. This game will allow you to discover new things and find out what you and your partner like and don't like – sometimes in amusing ways.

Roll the dice and try out the position shown with your partner. Not very successful? Laugh about it together. Can you do it and does it feel good? Then try this position more often!

## *tip*

Use a cotton swab when a part of your toy is difficult to reach when cleaning it.

## *first.toy cleaner*

Volume: 50 ml | 1.7 fl oz

Bottle type: spray

Ingredients: *Water (Aqua), Cocamidopropyl betaine, Propylene glycol, Benzalkonium chloride, Phenoxyethanol, Zinc Gluconate, Fragrance.*



To enjoy your toy for a long time, it's important to clean it properly and immediately after use. A good toy cleaner will help you do this. It contains no alcohol and includes an antibacterial ingredient that prevents unpleasant odours, fungi, and bacteria.

Spray some toy cleaner on your toy. Let the cleaner work for about a minute and then rinse the toys with water. Make sure that you keep any parts of your toy dry that aren't waterproof. Dry your toy with a clean cloth and it's ready for use again.



## first.couple toy

Size:	15.5 x 4.8 x 3 cm 6.1 x 1.9 x 1.2 inch
Insertable size:	Ø 3 x 10.5 cm Ø 1.2 x 4.1 inch
Materials:	silicone + ABS
Settings:	10 modes
Waterproof:	IPX5 (splash proof)
Batteries:	1x AAA
Operating time:	approx. 30 min
Max. noise level:	<60 dB

Enjoying sex together is twice the fun. This is a versatile toy that you can use with your partner. Discover the different possibilities together and explore each other's desires.

Press the button to turn it on. Press the button once more to switch between 3 vibration speeds. You can turn it off again with one push.

### *tip*

The vibrating bullet is removable: convenient for cleaning and fun to use as a separate toy!

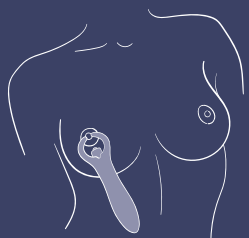
## Discover the couple toy, the possibilities are endless

For him, for her, and for both of you at the same time. This couple toy can often be used in different ways and allows you to try out a wide range of stimulation that can bring you both to a climax.

### *tip*

The vibrating bullet is removable and is very fun as a toy to explore by itself.

“Don’t be afraid to try and play with the toy in multiple creative ways. This way you will discover surprising new positions that might be amazing for the both of you.”





## *first.blindfold*

Size: 18.5 x 8.5 x 0.6 cm

7.3 x 3.3 x 0.2 inch

Materials: artificial silk + foam

A blindfold makes everything more exciting and mysterious. Restricting sight sharpens all other senses. It can create an exciting dynamic as the partner is in control. Insecurities dissolve when you can blindly surrender to the role play.

Blindfold your partner so they can't see anything. All senses are now heightened, and even the smallest acts can surprise your partner. Tease, spoil and build the tension to the ultimate climax.



## *first.hand cuffs*

Size: 1 m x 8 cm  
3.3 ft x 3.1 inch

Materials: artificial silk

### *tip*

In addition to a blindfold, use earplugs to further sharpen the other senses.

You can make sex even more exciting with bondage. Restricting movement and surrendering control can be a major turn-on.

Tie the wrists or ankles of your partner together, or tie them to the bed. It give you easy access to certain body parts for oral or toy stimulation. Be mindful of your partner's limits and agree on a stop word. Never leave someone who's tied up unattended.



## first. *masturbator*

Use the masturbator for a completely new hand job experience. The masturbator has nubs on the inside that massage the penis, providing an extra stimulating effect.

### *tip*

Turn the masturbator inside out for extra thorough cleaning.

Apply enough lubricant in the opening of the masturbator. Slide the masturbator over the erect penis and move it back and forth like in a regular hand job. Vary with speed and squeeze the masturbator for a tightening effect. Clean the masturbator before and after use.



“The nubs providing an extra stimulating effect.”

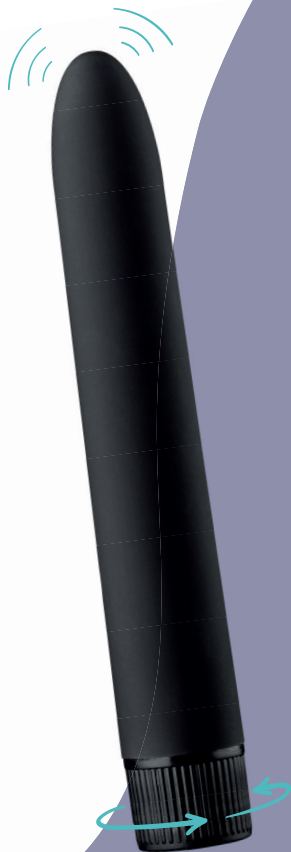
Size:            Ø 5 x 7.5 cm  
                      Ø 2 x 3 inch  
Flexibility: stretchable  
Materials: TPE

## first.vibrator

Size:	Ø 2.7 x 17.5 cm Ø 1.1 x 6.9 inch
Insertable size:	Ø 2.7 x 15.3 cm Ø 1.1 x 6 inch
Materials:	ABS
Settings:	multi speed
Waterproof:	IPX5 (splash proof)
Batteries:	2x AA
Operating time:	approx. 30 min
Max. noise level:	<65 dB

This classically shaped vibrator is perfect for enjoying internal and external vibrations. Its smooth shape makes it easy to insert vaginally, but you can also use it to stimulate other body parts, such as the nipples or perineum.

The rotary knob allows you to switch the vibrator on and adjust the vibration speed.



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Let your  
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be a great one.

We wish you a great time.

**MANUFACTURER**

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